



## BACC Gambling Supervision: Professional Expectations & Guidelines

This document outlines the core requirements and professional expectations for clinicians participating in supervision under a **Board Approved Clinical Consultant (BACC)**. These guidelines are designed to ensure your successful progression toward the **International Certified Gambling Counselor (ICGC-I and/or ICGC-II)** certification and to maintain the highest standards of clinical excellence.

### 1. Core Certification Requirements (ICGC-I)

For clinicians actively applying for the **ICGC-I Certification**, the supervision process is a mandatory component of your professional development.

- **Minimum Sessions:** You must complete a **minimum of 4 sessions**.
- **Active Participation:** These are not passive observation hours. To satisfy the requirements, you must:
  - Actively participate in group or individual dialogue.
  - Formally present clinical cases.
  - Demonstrate your applied knowledge of gambling disorder treatment modalities and clinical treatment from intake to discharge.

### 2. On-Going Professional Growth

While 4 sessions are the minimum for initial certification, the field of gambling disorder treatment is complex and evolving.

- **Continued Attendance:** You are strongly encouraged to attend supervision on an **on-going basis**.
- **Clinical Skill Building:** Regular consultation provides a support network and deeper clinical insights that will help you become a more skilled and confident practitioner.

### 3. Attendance & Record Keeping

Accountability is a shared responsibility between the consultant and the supervisee.

- **Personal Tracking:** You are expected to **keep track of your own attendance** and participation hours for your certification records.
- **Consultant Records:** The BACC will also maintain independent tracking to verify hours for final endorsement.

## 4. Essential Platforms & Resources

To navigate the certification process effectively, you must become familiar with the following entities. All resources and links can be centralized through the **IPGGC.org** website.

Platform	Purpose
IPGGC	The primary governing body (International Problem Gambling and Gaming Certification Organization).
Certemy	The software platform used to manage your application, upload documents, and track progress.
Prometric	The official testing vendor where you will schedule and sit for your certification exam. We always recommend taking the exam at a testing location. Proctored exams require your personal environment to mimic a testing center and many people get frustrated or distracted with setting up the environment for approval before taking the exam.

## 5. Communication Guidelines

Clear communication ensures that administrative and clinical needs are met appropriately.

- **Certification Questions:** All inquiries regarding the certification process, requirements, or logistics should be sent to [jody@betterinstitute.com](mailto:jody@betterinstitute.com).
- **Confidentiality Notice:** Email is for **administrative and certification questions only**. To maintain HIPAA compliance and client confidentiality, **do not discuss specific clinical cases via email**. Clinical cases are to be reserved for live supervision sessions.

## 6. Professionalism & Engagement

Supervision sessions are conducted with the same professional rigor as an in-person clinical meeting.

- **Virtual Presence:** Please treat these sessions as if we were in the same room.
- **Camera & Engagement:** You are expected to have your **camera on** and remain **fully engaged** for the duration of the session. This fosters a collaborative environment and ensures the quality of the consultation.

# Gambling Disorder Case Presentation Template

Being able to present a case in a clear and concise manner takes practice. Learn to share the most useful information and clearly articulate how supervision can help you to maximize everyone's time and get the most out of the case presentation.

## 1. Case Overview (De-identified)

- **Demographics:** (e.g., Age, gender, employment status).
- **Gambling Profile:** Preferred mode of gambling (e.g., sports betting, slots, day trading) and frequency.
- **Financial Impact:** Current level of financial distress or debt (if known).

## 2. Clinical Presentation & Assessment

- **DSM-5 Criteria:** Which specific criteria are most prominent? (e.g., chasing losses, preoccupation, "escape" vs. "action" gambling).
- **Co-occurring Disorders:** Note any related mental health or substance use issues (e.g., anxiety, depression, alcohol use).
- **Assessment Tool results that are important:** BBGS, PGSI, GFA-II, DSM-5, GPQ, etc?

## 3. Treatment Application

- **Current Interventions:** What specific gambling-focused techniques are you using? (e.g., cognitive restructuring of "gambler's fallacy," stimulus control, urge surfing).
- **Support Systems:** Has the client engaged with GA, Gam-Anon (for family), or utilized self-exclusion programs, blocking software?
- **Barriers to Change:** What is hindering progress? (e.g., access to mobile apps, family enabling, cognitive distortions).

## 4. Supervision Focus

- **Key Question:** What specific feedback do you need from the group/consultant today? (e.g., "How do I help the client manage a recent relapse?" or "How do I address the financial transparency with their spouse?")