



## Failures & Contingencies

Select one of the cases that we have been following and discuss how you might address the individuals struggle to follow through with action steps outlined in the treatment plan.

How would you address a recurrence of gambling use that falls outside of the limits/abstinence goals that were identified?

Write your view of recurrence (relapse) into gambling behaviors. Is it a 'failure'?

What needs to happen when gambling behaviors return.

How can a recurrence (relapse) lead to progress?