

Disorder Gambling and The Influence of Social Determinants
By

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PROBLEM GAMBLING AWARENESS MONTH

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SUMMARY

Research has established a correlation between the development of disorder gambling and social determinants. These social determinants like an individual's socioeconomic status, education, environmental factors, etc. can significantly increase one's risk of developing a problem with gambling. It is imperative to assess all clients to determine their level of risks and provide a comprehensive treatment plan. Various screening tools and therapeutic approaches will be discussed during this presentation.

OBJECTIVES

Establish a correlation between disorder gambling and social determinants.

Identify a number of screening and assessment tools to help with diagnosing a problem with gambling

Discuss evidence based practices and treatment approaches to work with your clients.

What percentage of residents of Pennsylvania gambled in 2024?

- A. 45%
- B. 75.5%
- C. 65.8%
- D. 38%

DISORDER GAMBLING

What percent of residents of Pennsylvania have a problem with gambling?

- A. 10.5 %
- B. 7.8 %
- C. 4 %
- D. 2.2 %

A graphic illustration featuring a spotlight hanging from the top left corner. The spotlight's beam is a light blue cone that tapers towards the bottom right, where it illuminates the text 'SOCIAL DETERMINANTS'. The text is in a bold, dark blue, sans-serif font. The background is a solid, vibrant blue.

SOCIAL DETERMINANTS

SOCIAL DETERMINANTS

How does Social Determinant increases the risks of developing disorder gambling?

SOCIAL DETERMINANT FACTORS

Socioeconomic

Social & Cultural

Environmental

Individual & Psychological

SOCIOECONOMIC FACTORS

Marginalization
Unemployment
Housing Instability

Social Cultural Norms

Family Origins

- Normalization & Modeling
- Genetic Predisposition
- Environmental Stressors
- Early Exposure
- Cultural Factors

Genetic Predisposition

- Dopamine & Reward Circuitry Dysfunction
- Impulse Control Issues
- Specific Gene Variants
- Neurotrophic Factor Impact

Social Isolation

- Coping Mechanisms
- Increase Emotional Distress
- Reduced Social Control
- The Escape Factor
- Cycle of Reinforcement

Loneliness

- Escapism & Distraction
- Surrogate for Companionship
- Stress and Emotional Distress
- The Cycle of Isolation
- Online Gambling Vulnerability

ENVIRONMENTAL FACTORS

Accessibility
Targeted Marketing
Promotions

INDIVIDUAL & PSYCHOLOGICAL FACTORS

Stress & Trauma

Mental Health

Cognitive Distortion

Marginalization



Unemployment

Housing Instability



Harm Reduction

Screening Tools

SOGS

Bet/Lie

BBCS

NODS

PCSI

SOGS-RA

Treatment for Disorder Gambling

Cognitive Behavioral Therapy

Motivational Enhancement
Interview

Mindfulness Exercise

Imaginal Desensitization

Psychodynamic Therapy

Medication

Family Therapy

Gambling Anonymous

Resources

Council on Compulsive Gambling of Pennsylvania (CCGP)
pacouncil.com 215-643-4542

Problem Gambling Helpline 1-800-GAMBLER

Gamblers Anonymous

www.gamblersanonymous.org Phone: 213-386-8789

Gam-Anon

www.gam-anon.org

National Council on Problem Gambling

www.ncpgambling.org

Resources

National Problem Gambling Helpline
1-800-MY-RESET or Text 800GAM
[NCPGambling.org/chat](https://www.ncpgambling.org/chat)

Gam-Ban
<https://gamban.com/>

Bet Blocker
<https://betblocker.org>

True Link
<https://www.truelinkfinancial.com/>

SMART Recovery
<https://www.smartrecovery.org/gambling-addiction>

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<https://doi.org/10.1093/pubmed/fdad172>

National Institutes of Health. (2023). *About NIH*. <https://www.nih.gov/about-nih>

The American Association for Marriage & Family Therapy. www.aamft.org

Division on Addiction, Cambridge Health, Harvard Medical School: Why Screen for Gambling Disorder <https://www.divisiononaddiction.org/outreach-resources/gdsd/toolkit/why-screen-for-gambling-disorder/>

Gamblers Anonymous: <https://www.gamblersanonymous.org/ga/>

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https://journals.lww.com/co-psychiatry/abstract/2021/09000/treatment_of_gambling_disorder__review_of.11.aspx

Thank You!

Questions & Answers

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